



Movin' On

For Solo Flute

by Rhonda Larson

Movin' On is an uplifting and expressive musical journey of perpetual motion, with harmony notes anchoring the melody notes in every phrase. For solo flute, this piece requires endurance and fluid double-tonguing skills throughout.

Rhonda's Notes

Movin' On was completed just in time for us to record and include on my first CD, ***Free as a Bird***. This is only the second piece I've ever written (*Lament* being the first, a few months earlier).

This piece celebrates a new beginning for me, to literally 'move on' in my life's journey. Of primary significance, I have found a heavenly little church in which to practice, granted by the gentle people who belong to this Trinity Church Milton. This special church seems to be poised in air upon a tiny village suspended in time, where the encircling silence is absolutely halting.

Inside Trinity's walls, my very heart is compelled upwards--beyond my self-- while playing my flute. It produces an overwhelming desire for a goodness that is surely God's benevolence, and I was certainly divinely helped in this Sacred Space while writing *Movin' On*. This piece evolved from the joyful effect of all these mystical elements.

---Rhonda

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